



izil

MOROCCAN BEAUTY

SPA MENU

AL NAKHEEL MALL

# CONTENTS

MASSAGE RITUALS	04
FACIAL RITUALS	06
BODY RITUALS	09
HAIR RITUALS	11
SPA GUIDELINES	13



izil

PURE  
ARGAN OIL  
NOURISH, PROTECT  
& HYDRATE



HUILE D'ARGAN  
زيت الأركان المغربي





# MASSAGE RITUALS

Rooted in Moroccan wellness traditions, our massages combine sensory care with natural oils to relax, restore and rebalance body and mind. Each treatment is tailored to your needs for a deeply personal, restorative experience.

## RELAXING AROMATHERAPY

60 MINUTES | 90 MINUTES

500 SAR | 650 SAR

Discover the calming power of Moroccan aromatherapy with this gentle, sensory massage, designed to ease tension, relax the body and uplift your mood for a moment of pure wellbeing.

## ENERGIZING DEEP TISSUE

60 MINUTES | 90 MINUTES

500 SAR | 650 SAR

Rooted in Moroccan wellness traditions, this deep tissue massage targets tension and relieves stress within the muscles and connective tissue. Ideal for easing fatigue, chronic pain or improving mobility, this treatment uses focused pressure to restore balance, encourage circulation and deeply relax body and mind.

## AROMA BACK MASSAGE

30 MINUTES

250 SAR

This targeted back massage blends Moroccan aromatherapy with deep kneading to release tension and restore circulation. Designed to ease shoulder and back tightness, each step honours care as ritual, leaving the body relaxed and the senses restored.

## IZIL FOOT MASSAGE

30 MINUTES

250 SAR

A therapeutic foot massage focused on key pressure points to ease tension, stimulate circulation and promote deep relaxation. Rooted in Moroccan wellness, this ritual leaves your body balanced and your mind refreshed.

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## ADD-ONS

### SCALP & FACE MASSAGE

15 MINUTES

100 SAR

A soothing scalp & face massage designed to release tension, boost circulation, and restore instant relaxation. The perfect add-on to calm the mind and leave your skin feeling refreshed and radiant.

# FACIAL RITUALS

Rooted in the wisdom of Moroccan beauty rituals, our facials blend treasured natural ingredients with proven techniques to visibly revive, brighten and nourish your skin.



## Express Glow Facial

30 MINUTES

300 SAR

A refreshing express facial designed to instantly cleanse, smooth and revive tired-looking skin in minimal time. Combining skin cleansing, gentle exfoliation and targeted treatment actives, this results-driven treatment helps restore hydration, softness and healthy radiance for a visibly refreshed complexion.

*Skin cleansing • Gentle exfoliation • Targeted treatment mask • Serum & moisturiser application*

IDEAL FOR

Dull, tired or fatigued skin needing a quick radiance boost.

YOU WILL SEE

Skin appears fresher, smoother and visibly more radiant with revived glow and hydration.

## Hydra Recovery Facial

60 MINUTES

530 SAR

A deeply replenishing hydration facial designed to restore comfort, softness and glow to dehydrated or fatigued skin. Advanced exfoliation, cryotherapy and a relaxing facial massage work alongside Hyaluronic Acid, Honey and Moroccan Saffron to intensely hydrate, strengthen the skin barrier and revive healthy radiance.

*Advanced cleansing & exfoliation • Intensive hydration infusion • Relaxing facial massage • Cryotherapy*

IDEAL FOR

Dehydrated, tight or fatigued skin. Post-travel, post-sun or post-air-conditioning skin. Skin that has lost its bounce and softness.

YOU WILL SEE

Skin feels plumper, smoother and visibly refreshed with restored bounce, comfort and healthy glow.

## Radiance Revival Facial

60 MINUTES

530 SAR

A radiance-boosting facial designed to restore luminosity and vitality to dull or tired-looking skin. Advanced exfoliation and glow-enhancing actives, including Moroccan Aker Fassi, Red Algae, AHAs and Rice Protein, work to smooth texture, even skin tone and reveal a naturally radiant complexion. An energizing sculpting massage and cryotherapy leave the skin visibly fresher, smoother and more radiant.

*Advanced cleansing & exfoliation • Radiance-enhancing treatment • Energising sculpting massage • Cryotherapy*

IDEAL FOR

Dull, uneven or tired-looking skin lacking radiance and vitality.

YOU WILL SEE

Brighter, smoother and visibly more luminous skin with refined texture and revived glow.

## Purifying Reset Facial

90 MINUTES

700 SAR

An advanced deep-cleansing facial created to purify congested skin, refine pores and restore balance. Combining manual extraction, ultrasonic exfoliation and Blue LED therapy, this treatment helps reduce excess oil, congestion and surface build-up while Green Tea, Salicylic Acid, White Kaolin and Niacinamide help visibly refine pores without stripping the skin. Calming inflammation and support skin clarity. A detoxifying lymphatic massage and cryotherapy leave the complexion visibly clearer, fresher and rebalanced.

*Deep cleansing & exfoliation • Manual extraction • Ultrasonic exfoliation • Blue LED therapy • Detoxifying lymphatic massage • Cryotherapy*

IDEAL FOR

Congested skin, blocked pores or excess build-up. Ideal for skin needing a professional deep pore cleaning and restored clarity.

YOU WILL SEE

Clearer, smoother and more refined skin with visibly reduced congestion, balanced oil levels and restored freshness.

## Sculpt, Lift & Firm Facial

90 MINUTES

750 SAR

A high-performance anti-ageing facial designed to visibly lift, firm and sculpt the skin while restoring facial definition and elasticity. Advanced exfoliation, ultrasonic technology and collagen-supporting Red LED therapy work alongside IZIL's signature lifting massage to redefine facial contours, improve skin firmness and soften visible signs of ageing. Hyaluronic Acid, CoQ10, Peptides and Moroccan Prickly Pear Oil deeply nourish the skin for a firmer, smoother and more youthful-looking complexion.

*Deep cleansing & exfoliation • Manual extraction • Ultrasonic exfoliation • Red LED collagen therapy • Advanced lifting & firming massage • Cryotherapy*

IDEAL FOR

Loss of firmness, elasticity or facial definition. Fine lines, visible signs of ageing and skin lacking contour or density.

YOU WILL SEE

Visibly firmer, smoother and more sculpted skin with lifted facial contours, softened fine lines and restored youthful definition.

## ADD-ONS

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### Deep Pore Detox

15 MINUTES

120 SAR

A precision deep-cleansing add-on combining manual extraction and ultrasonic exfoliation to visibly refine pores, reduce congestion and restore skin clarity.

IDEAL FOR

Blocked pores, congestion and excess buildup.

### LED Light Therapy

15 MINUTES

150 SAR

Clinical-grade, non-invasive LED light therapy personalised to your skin's needs to support the skin's natural repair and regeneration processes, stimulate collagen production, calm inflammation and visibly rebalance stressed or congested skin.

IDEAL FOR

Ageing, dull, sensitive, inflamed or blemish-prone skin

### Eye Revival Therapy

15 MINUTES

180 SAR

A high-performance eye treatment designed to visibly refresh, depuff and revitalise the delicate eye contour. Combining specialised massage, Gua Sha drainage, jade roller contouring and cryotherapy with nourishing Prickly Pear Oil, this targeted treatment helps stimulate microcirculation, soften dark circles, reduce puffiness and restore brightness to tired, screen-stressed eyes.

IDEAL FOR

Puffiness, dark circles, dehydration and signs of fatigue around the eye area.

### IZIL Signature Myofacial Lifting Massage

30 MINUTES

230 SAR

An advanced sculpting facial massage combining myofascial release, therapeutic acupressure, Gua Sha, Jade Roller techniques and cryotherapy to visibly lift, contour and release facial tension while restoring elasticity and definition. This specialised izil signature treatment stimulates circulation, redefines facial contours and leaves the skin firmer, visibly lifted and revitalised.

IDEAL FOR

Loss of facial definition, tension, firmness or contour.

YOU WILL SEE

A visibly lifted, sculpted and more defined face with a sharper jawline, lifted brow and firmer-looking skin from the first session

# BODY RITUALS

Rooted in Morocco's ancestral care, our body rituals blend powerful natural ingredients with time-honoured techniques to replenish, refine and awaken your skin from head to toe.

## PURIFYING BACK RITUAL

45 MINUTES

400 SAR

Rooted in Morocco's cleansing rituals, this targeted back treatment refreshes and clarifies the skin. Beldi Black Moroccan Soap and steam prepare the skin for deep exfoliation with our Golden Honey Almond Scrub. A Ghassoul and Damask Rose Body Mask detoxifies and hydrates, finishing with Orange Blossom Mist and nourishing oils to restore clarity, softness, and smoothness.

## UNDERARM BRIGHTENING RITUAL

20 MINUTES

150 SAR

Harnessing Moroccan traditions and proven ingredients, this ritual brightens and refreshes the underarms. Beginning with Beldi Black Moroccan Soap and our Green Tea Brightening Scrub, followed by the Green Tea Clarifying Mask, skin is visibly refined. Orange Blossom Mist and natural Alum Powder complete the ritual, leaving skin toned, fresh and balanced.

A close-up, back-view photograph of a person with long, dark, wavy hair. A hand is gently touching the hair at the nape of the neck. The lighting is soft and warm, highlighting the texture of the hair and the skin. A white circular graphic element frames the text below.

# HAIR RITUALS

Rooted in Moroccan tradition, our hair rituals blend ancestral recipes with modern care to nourish strengthen and restore shine using 100% natural formulas free from GMOs, alcohol, sulphates and synthetic additives.

## HAIR RITUALS

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### SCALP PURIFYING RITUAL

SHORT TO MEDIUM HAIR | LONG TO XX-LONG HAIR

400 SAR | 500 SAR

Rooted in Morocco's haircare heritage, this ritual begins with a Pink Himalayan Salt scrub to exfoliate dandruff-prone scalps and prepare them for a soothing anti-dandruff mask. White Clay and a nourishing oil blend then detoxify and restore, before cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir seal in protection and shine.

Includes: Steam, hot towel massage & complimentary straight blow-dry

### HAIR BOOST RITUAL

SHORT TO MEDIUM HAIR | LONG TO XX-LONG HAIR

400 SAR | 500 SAR

This ritual strengthens hair and supports growth using a White Clay mask to detoxify the scalp and a nourishing oil blend with Onion, Rosemary, and Garlic extracts. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir to enhance shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

### DEEP-NUTRITION RITUAL

SHORT TO MEDIUM HAIR | LONG TO XX-LONG HAIR

400 SAR | 500 SAR

This nourishing ritual restores moisture and strengthens hair with a White Clay mask and a blend of 12 natural oils. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar rinse for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

### DEEP HEALING HENNA RITUAL

SHORT TO MEDIUM HAIR | LONG TO XX-LONG HAIR

400 SAR | 500 SAR

Inspired by Moroccan haircare wisdom, this ritual nourishes and soothes the scalp with izil's Henna Verbena Mask. It hydrates deeply, preventing breakage and restoring softness. The treatment finishes with natural shampoo, conditioner, and Coconut Flower Vinegar for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

### EXPRESS HAIR NUTRITION

SHORT TO MEDIUM HAIR | LONG TO XX-LONG HAIR

200 SAR | 300 SAR

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a nourishing oil and steam to revitalise the scalp, followed by cleansing with shampoo and replenishing with conditioner. It concludes with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

### EXPRESS SCALP PURIFYING

SHORT TO MEDIUM HAIR | LONG TO XX-LONG HAIR

200 SAR | 300 SAR

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a Himalayan Pink Salt scrub to exfoliate the scalp, followed by a white clay mask for purifying care. Hair is then cleansed with shampoo, nourished with conditioner, and finished with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

## ADD-ONS

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### HAIR OIL MASK

15 MINUTES

90 SAR

A nourishing mask infused with natural oils to deeply condition, strengthen and revitalise dry, damaged hair.

## SPA ETIQUETTE

Our Spa is a sanctuary of calm and relaxation. Please speak softly and respect others' privacy. Robes are required in common areas. Mobile phones and cameras are not allowed, and all devices must be silent. Smoking is prohibited. We provide robes, towels, slippers, and disposable undergarments; wearing undergarments during treatments is recommended for your comfort and privacy.

## SPA ARRIVAL

We recommend arriving at least 15 minutes early to start your experience relaxed. Early arrival lets you share preferences, enjoy a welcome drink, and refresh with a cooling towel. Late arrivals may shorten treatments to respect the next appointment.

## PERSONAL BELONGINGS

Lockers are available for Hammam guests to secure belongings. Spa management is not responsible for lost items; please leave valuables at home. Remove jewellery for safety and comfort during treatments. Lost items are held at reception for one hour before transfer to Dubai Mall Lost & Found.

## RESERVATIONS & CANCELLATIONS

We recommend booking in advance to secure your preferred time and service. Cancellations or rescheduling can be made online up to 3 hours before your appointment. Late cancellations within 3 hours incur a 10% fee. No-shows are charged 30% of the service cost. A credit card is required to confirm all bookings. Guests aged 16 and above are welcome.

*Please inform us of the following when booking:*

*Allergies or medical conditions, including pregnancy*

*Requests for a specific therapist*

*If you are celebrating a special occasion*

*Gift vouchers, loyalty cards or promotions to be redeemed*

*Prices and services are subject to change without prior notice.*

## GIFT CERTIFICATES

Treat someone special with our Spa gift cards, valid for six months. Redeemable for treatments or products. Present the card at purchase or service. Non-refundable.

## HOMECARE

Our therapists provide personalized product recommendations to extend your treatment benefits. All products are available for purchase at the Spa retail area. Please note purchases cannot be refunded or exchanged once taken from the Spa.

## HEALTH CONCERNS

Please inform our team of any health concerns, allergies, or medical conditions before your treatment. Special services are available for expectant or nursing mothers. Guests with high blood pressure, heart conditions, or other issues should consult a doctor before booking. Always notify your therapist of any health concerns prior to your treatment.

## CLEANLINESS & HYGIENE

We maintain the highest standards of hygiene for your safety. All equipment is sterilised and sanitised after every service.

## FOOD & BEVERAGE POLICY

Outside food and alcoholic beverages are not permitted in the Spa. Entry will be refused to any guest who appears under the influence.

### SPA LOCATIONS

izil Spa  
Nakheel Mall, KSA

### TREATMENT HOURS

**Saturday to Thursday:** 09:30 AM to 11:00 PM  
**Friday:** 2:00 pm to 11:00 PM

### CONTACT US

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