



izil

MOROCCAN BEAUTY

HAMMAM & SPA MENU

ABU DHABI MALL

CONTENTS

SPA RITUALS _____	03
MASSAGE RITUALS _____	04
HAMMAM _____	06
BODY RITUALS _____	11
FACIAL RITUALS _____	12
HAIR RITUALS _____	13
ENHANCEMENTS _____	15
SPA GUIDELINES _____	16

BLUE NILA SOULCARE

A full day of radiance and renewal. This spa journey combines Morocco's most treasured brightening Hammam with deeply restorative treatments for the face, body, and hair. Designed to leave you luminous, relaxed, and beautifully polished from head to toe.

Includes:
Blue Nila Brightening Hammam – 90 minutes (750 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Deep Cleansing Facial – 75 minutes (520 AED)
Hair Boost Ritual (long) – 350 AED

PRICE: AED 1,674 VALUED AT: AED 1,970

ROYAL RENEWAL

A majestic experience inspired by Morocco's most sacred rituals. This spa journey begins with the Royal Hammam to deeply cleanse and nourish, followed by rejuvenating treatments for the body, face, and hair. Designed to restore balance, release tension, and leave you glowing with timeless radiance.

Includes:
izil Royal Hammam – 90 minutes (650 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Deep Cleansing Facial – 75 minutes (520 AED)
Hair Boost Ritual (long) – 350 AED

PRICE: AED 1,589.5 VALUED AT: AED 1,870

TIMELESS HERITAGE

An authentic journey rooted in Moroccan ancestral care. This spa day begins with the Traditional Heritage Hammam to deeply purify and revitalise, then continues with treatments for the body, face, and hair. Designed to balance, restore, and leave you renewed with a natural, radiant glow.

Includes:
Traditional Heritage Hammam – 75 minutes (480 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Deep Cleansing Facial – 75 minutes (520 AED)
Hair Boost Ritual (long) – 350 AED

PRICE: AED 1,445 VALUED AT: AED 1,700

THE MOROCCAN ESCAPE

A classic Moroccan ritual of care and renewal. This spa day begins with the Traditional Hammam to deeply cleanse and refresh, followed by a sequence of treatments for the body, face, hair, and hair. Designed to ease tension, restore balance, and leave you feeling polished and radiant.

Includes:
Traditional Hammam – 60 minutes (370 AED)
Relaxing Aromatherapy Massage – 60 minutes (350 AED)
Deep Cleansing Facial – 75 minutes (520 AED)
Hair Boost Ritual (long) – 350 AED

PRICE: AED 1,351.5 VALUED AT: AED 1,590

HAMMAM PRIVILEGE

When you book a series of 5 Hammam sessions in advance, you'll enjoy a complete journey rooted in Morocco's cherished traditions, designed to cleanse, polish, and restore body and mind.

*VIP private
experience & group
bookings are available
upon request.

PRICE: AED 2,600 VALUED AT: AED 3,250



MASSAGE RITUALS

Rooted in Moroccan wellness traditions, our massages combine sensory care with natural oils to relax, restore and rebalance body and mind. Each treatment is tailored to your needs for a deeply personal, restorative experience.

RELAXING AROMATHERAPY

Discover the calming power of Moroccan aromatherapy with this gentle, sensory massage, designed to ease tension, relax the body and uplift your mood for a moment of pure wellbeing.

60 mins | AED 350 90 mins | AED 495

ENERGIZING DEEP TISSUE

Rooted in Moroccan wellness traditions, this deep tissue massage targets tension and relieves stress within the muscles and connective tissue. Ideal for easing fatigue, chronic pain or improving mobility, this treatment uses focused pressure to restore balance, encourage circulation and deeply relax body and mind.

60 mins | AED 350 90 mins | AED 495

AROMA BACK MASSAGE

This targeted back massage blends Moroccan aromatherapy with deep kneading to release tension and restore circulation. Designed to ease shoulder and back tightness, each step honours care as ritual, leaving the body relaxed and the senses restored.

25 mins | AED 190

STRESS-RELIEF NECK & SHOULDER

A focused massage designed to release tension in the neck, shoulders and upper back. Combining deep kneading and precise pressure, it soothes tight muscles, relieves stress and leaves the body feeling noticeably lighter and at ease.

20 mins | AED 150

IZIL HAND MASSAGE

A sensory hand massage crafted to ease tension, soften muscles and improve flexibility. Gentle, targeted strokes enhance circulation and leave your hands feeling light, supple and refreshed.

15 mins | AED 100 25 mins | AED 190

IZIL FOOT MASSAGE

A therapeutic foot massage focused on key pressure points to ease tension, stimulate circulation and promote deep relaxation. Rooted in Moroccan wellness, this ritual leaves your body balanced and your mind refreshed.

15 mins | AED 100 25 mins | AED 190

HAMMAM

Step into the heart of Moroccan tradition with our Hammam rituals, crafted to cleanse, replenish and restore body and mind. Using the wisdom of ancestral care and the purity of Morocco's most powerful ingredients, every step invites renewal and deep relaxation.

A woman with dark curly hair and a small tattoo on her chin is shown from the chest up, wearing a white, draped robe. She is holding a large, textured brown towel in front of her. The background is a warm, golden-brown color, suggesting a hammam or spa setting. In the bottom left corner, a small, ornate golden container is visible. The overall lighting is soft and warm, creating a serene and luxurious atmosphere.

TRADITIONAL HAMMAM

Experience Morocco's most sacred cleansing ritual. Guided by ancestral Hammam traditions, it begins with Beldi Black Moroccan Soap to deeply purify, followed by exfoliation with a Kessa Glove. Our Ghassoul and Damask Rose Body Mask detoxifies and hydrates. The ritual ends with an Orange Blossom cold towel and full-body care, including hair cleansing, conditioning, and a refreshing Oud shower gel.

60 mins | AED 370

BLUE NILA BRIGHTENING HAMMAM

Treasured for centuries in Moroccan beauty traditions, Blue Nila is known as one of the most precious secrets for brightening and softening the skin. Sourced from rare indigo petals and cherished in ancestral rituals, it has long been used by Moroccan women to reveal radiance before special celebrations. At izil, this heritage is reimagined into a complete Hammam journey that restores luminosity from head to toe.

The journey begins with Black Beldi Soap infused with Tibrima herbs to deeply cleanse and prepare the skin, followed by traditional Kessa glove exfoliation. The body is then polished with izil's Blue Nila Scrub, enveloped in a Blue Nila Mask, and finished with a nourishing Blue Nila Cream to smooth, soften, and restore luminosity.

For the face, a refreshing cleanse is followed by a Green Tea scrub and mask to purify and revive, leaving the complexion clear and balanced.

The ritual continues with complete care: gentle foot filing to smooth and soften, and a restorative hair treatment with your chosen oil, followed by a wash, conditioner, and protective vinegar rinse to bring strength and harmony.

The experience concludes with your preferred body oil, leaving skin luminous, velvety, and renewed from head to toe.

90 mins | AED 750



TRADITIONAL HERITAGE HAMMAM

Once reserved for Moroccan nobility, the Imperial Hammam revives ancestral care with bespoke treatments that combine a double Kessa exfoliation with scrubs to polish and replenish the skin.

75 mins | AED 480

AMBER RITUAL

INGREDIENTS: Amber Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Amber Cleansing Shower Gel, Amber Hair and Body Perfume Mist, and your choice of hair oil.

BENEFITS: Deeply nourishes, revitalises skin. Leaves skin polished, perfumed, and enveloped in warmth.

HONEY CARAMEL RITUAL

INGREDIENTS: Honey Caramel Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Honey Caramel Cleansing Shower Gel, Honey Caramel Hair & Body Perfume Mist and your choice of hair oil.

BENEFITS: Softens and smooths skin. Leaves skin nourished, silky, and delicately scented with honey and caramel.

ORANGE BLOSSOM RITUAL

INGREDIENTS: Orange Blossom Exfoliating Body Scrub, Green Tea or Golden Honey Face Mask, Orange Blossom Cleansing Shower Gel, Orange Blossom Hair & Body Perfume Mist, and your choice of hair oil.

BENEFITS: Soothes and refreshes skin and senses. Leaves skin soft, revitalised, and delicately scented with Moroccan Orange Blossom.

Includes: Facial cleanse, foot filing, and a nourishing hair ritual with your choice of targeted oil, followed by a hair wash, conditioner and protective vinegar rinse for complete care.

IZIL ROYAL HAMMAM

Rooted in Morocco's most sacred rituals, the izil Signature Hammam is designed to restore, brighten and deeply nourish the skin. The journey begins in a warm, humid chamber as your body is gently prepared with water and Moroccan Black Beldi Soap infused with Eucalyptus to purify and soften the skin. A dual exfoliation follows; first with the Kessa Glove, then your chosen scrub to polish and smooth.

Natural face and body masks restore balance and vitality, followed by a soothing massage movements with Orange Blossom balm for soft, radiant skin. A cooling Orange Blossom-infused towel completes the ritual, leaving you calm and refreshed.

90 mins | AED 650

BRIGHTENING RITUAL BRIGHTENING GREEN TEA

INGREDIENTS: Green Tea Brightening Scrub, Green Tea Clarifying Mask, Sakla Body Mask, Orange Blossom Moisturising Body Lotion, your choice of hair oil.

BENEFITS: Visibly brightens, evens skin tone. Ideal for addressing dullness, uneven tone and dry skin.

HYDRATING RITUAL MOISTURISING HONEY

INGREDIENTS: Golden Honey Almond Scrub, Golden Honey Moisturising Mask, Honey Verbena Glow Body Mask, Orange Blossom Moisturising Body Lotion and your choice of hair oil.

BENEFITS: Deeply nourishes and softens dry, dehydrated skin.

Includes: Facial cleanse, foot filling, and a nourishing hair ritual with your choice of targeted oil, followed by a hair wash, conditioner and protective vinegar rinse for complete care.

PURIFYING BACK RITUAL

Rooted in Morocco's cleansing rituals, this targeted back treatment refreshes and clarifies the skin. Beldi Black Moroccan Soap and steam prepare the skin for deep exfoliation with our Golden Honey Almond Scrub. A Ghassoul and Damask Rose Body Mask detoxifies and hydrates, finishing with Orange Blossom Mist and nourishing oils to restore clarity, softness, and smoothness.

45 mins | AED 350

UNDERARM BRIGHTENING RITUAL

Harnessing Moroccan traditions and proven ingredients, this ritual brightens and refreshes the underarms. Beginning with Beldi Black Moroccan Soap and our Green Tea Brightening Scrub, followed by the Green Tea Clarifying Mask, skin is visibly refined. Orange Blossom Mist and natural Alum Powder complete the ritual, leaving skin toned, fresh and balanced.

20 mins | AED 120



BODY RITUALS

Rooted in Morocco's ancestral care, our body rituals blend powerful natural ingredients with time-honoured techniques to replenish, refine and awaken your skin from head to toe.

FACIAL RITUALS

Rooted in the wisdom of Moroccan beauty rituals, our facials blend treasured natural ingredients with proven techniques to visibly revive, brighten and nourish your skin.



WEEKLY CARE FACE RITUAL

Reset your skin and protect it against daily stressors with a ritual designed to maintain and enhance skin health. The journey begins with a deep cleanse, followed by gentle exfoliation, basic extraction, a tailored mask, and a radiant finish with serum and moisturiser.

Includes: Hot towel cleanse (Hands & Feet), 5-minute head massage

60 mins | AED 450

DEEP CLEANSING FACIAL

A deeper treatment designed to target specific concerns. Cleansing and exfoliation are followed by a customised approach, which may include a double mask, extractions, or a décolletage treatment. The ritual concludes with a firming facial massage that blends ancient and modern techniques to reduce puffiness and promote regeneration.

Includes: Hot towel cleanse (Hands & Feet), 5-minute head massage

75 mins | AED 520

IZIL SIGNATURE FACIAL

A luxurious, intensive facial that lifts and revives tired skin. It begins with cleansing, exfoliation, mask, and serum treatments to address sagging, followed by a deeply lifting Gua Sha massage to intensely tone and reverse visible signs of ageing.

Includes: Hot towel cleanse (Hands & Feet), 5-minute head massage

90 mins | AED 580

A close-up, back-view photograph of a woman with long, dark, wavy hair. A hand is gently touching the back of her head and neck. The lighting is warm and soft, highlighting the texture of the hair and the skin. A white circular graphic element is overlaid on the lower part of the image, framing the text.

HAIR RITUALS

Rooted in Moroccan tradition, our hair rituals blend ancestral recipes with modern care to nourish strengthen and restore shine using 100% natural formulas free from GMOs, alcohol, sulphates and synthetic additives.

SCALP PURIFYING RITUAL

Rooted in Morocco's haircare heritage, this ritual begins with a Pink Himalayan Salt scrub to exfoliate dandruff-prone scalps and prepare them for a soothing anti-dandruff mask. White Clay and a nourishing oil blend then detoxify and restore, before cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir seal in protection and shine.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 – AED 400

HAIR VITALITY RITUAL

This ritual strengthens hair and supports growth using a White Clay mask to detoxify the scalp and a nourishing oil blend with Onion, Rosemary, and Garlic extracts. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar Elixir to enhance shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 – AED 400

DEEP-NUTRITION RITUAL

This nourishing ritual restores moisture and strengthens hair with a White Clay mask and a blend of 12 natural oils. It finishes with cleansing, conditioning, and a cooling Coconut Flower Vinegar rinse for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 – AED 400

DEEP HEALING HENNA RITUAL

Inspired by Moroccan haircare wisdom, this ritual nourishes and soothes the scalp with izil's Henna Verbena Mask. It hydrates deeply, preventing breakage and restoring softness. The treatment finishes with natural shampoo, conditioner, and Coconut Flower Vinegar for shine and protection.

Includes: Steam, hot towel massage & complimentary straight blow-dry

60 mins | 90 mins AED 300 – AED 400

EXPRESS HAIR NUTRITION

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a nourishing oil and steam to revitalise the scalp, followed by cleansing with shampoo and replenishing with conditioner. It concludes with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

30 mins | 45 mins AED 175 – AED 255

EXPRESS SCALP PURIFYING

A quick Moroccan-inspired ritual for healthy, hydrated hair. The treatment begins with a Himalayan Pink Salt scrub to exfoliate the scalp, followed by a white clay mask for purifying care. Hair is then cleansed with shampoo, nourished with conditioner, and finished with a cooling Coconut Flower Vinegar Elixir to seal in protection and shine.

Includes: Steam, Pre-Shampoo Clay Mask, shampoo and conditioner & hot towel massage

30 mins | 45 mins AED 175 – AED 255

HAIR WASH & BLOW DRY

Rooted in Moroccan care, this ritual gently cleanses and nourishes hair with natural sulphate-free shampoo and custom conditioners. It finishes with a soothing scalp massage, leave-in lotion, and professional blow-dry for enhanced softness and shine.

15 mins | 30 mins AED 100 – AED 200

HAIR WASH	BLOW DRY	BLOW DRY - WAVY	TRIM	HAIRCUT & DRY
15 mins 20 mins 40 AED – 60 AED	15 mins 30 mins 100 AED – 200 AED	25 mins 45 mins 130 AED – 205 AED	15 mins 25 mins 55 AED – 75 AED	20 mins 45 mins 120 AED – 165 AED

EXPRESS FACIAL

A swift, revitalising facial designed to cleanse, refresh and restore a healthy-looking glow for those on the go.

25 mins | AED 255

EYE REFRESHER

A targeted treatment that brightens, improves microcirculation and visibly reduces puffiness, dark circles and fine lines.

20 mins | AED 225

GUA SHA FACE TREATMENT

A quick lifting ritual using traditional Gua Sha tools to sculpt, firm and boost circulation for visibly refreshed skin.

15 mins | AED 70

EXTRA EXTRACTION

Deep cleansing with steam to remove stubborn blackheads, whiteheads and impurities, leaving skin visibly clarified.

15 mins | AED 70

SCALP SCRUB

An invigorating exfoliating treatment with Pink Himalayan Salt to purify the scalp and rebalance oil levels.

15 mins | AED 70

HAIR OIL MASK

A nourishing mask infused with natural oils to deeply condition, strengthen and revitalise dry, damaged hair.

15 mins | AED 70

SCALP & FACE MASSAGE

A quick dual massage designed to relieve tension and restore relaxation across the scalp and face.

15 mins | AED 70

SPA ETIQUETTE

Our Spa is a sanctuary of calm and relaxation. Please speak softly and respect others' privacy. Robes are required in common areas. Mobile phones and cameras are not allowed, and all devices must be silent. Smoking is prohibited. We provide robes, towels, slippers, and disposable undergarments; wearing undergarments during treatments is recommended for your comfort and privacy.

SPA ARRIVAL

We recommend arriving at least 15 minutes early to start your experience relaxed. Early arrival lets you share preferences, enjoy a welcome drink, and refresh with a cooling towel. Late arrivals may shorten treatments to respect the next appointment.

PERSONAL BELONGINGS

Lockers are available for Hammam guests to secure belongings. Spa management is not responsible for lost items; please leave valuables at home. Remove jewellery for safety and comfort during treatments. Lost items are held at reception for one hour before transfer to Dubai Mall Lost & Found.

RESERVATIONS & CANCELLATIONS

We recommend booking in advance to secure your preferred time and service. Cancellations or rescheduling can be made online up to 3 hours before your appointment. Late cancellations within 3 hours incur a 10% fee. No-shows are charged 30% of the service cost. A credit card is required to confirm all bookings. Guests aged 16 and above are welcome.

Please inform us of the following when booking:

Allergies or medical conditions, including pregnancy

Requests for a specific therapist

If you are celebrating a special occasion

Gift vouchers, loyalty cards or promotions to be redeemed

Prices and services are subject to change without prior notice.

GIFT CERTIFICATES

Treat someone special with our Spa gift cards, valid for six months. Redeemable for treatments or products. Present the card at purchase or service. Non-refundable.

HOMECARE

Our therapists provide personalized product recommendations to extend your treatment benefits. All products are available for purchase at the Spa retail area. Please note purchases cannot be refunded or exchanged once taken from the Spa.

HEALTH CONCERNS

Please inform our team of any health concerns, allergies, or medical conditions before your treatment. Special services are available for expectant or nursing mothers. Guests with high blood pressure, heart conditions, or other issues should consult a doctor before booking. Always notify your therapist of any health concerns prior to your treatment.

CLEANLINESS & HYGIENE

We maintain the highest standards of hygiene for your safety. All equipment is sterilised and sanitised after every service.

FOOD & BEVERAGE POLICY

Outside food and alcoholic beverages are not permitted in the Spa. Entry will be refused to any guest who appears under the influence.

SPA LOCATIONS

izil Spa & Hammam
Abu Dhabi Mall, UAE

TREATMENT HOURS

Monday to Thursday: 10:00 AM to 11:00 PM
Friday to Sunday: 10:00 AM to 12:00 AM
Last treatment booking: 9:00 PM

CONTACT US

T: +971 25 623976

